Inside Thrive
Get To Know Our Team

At Thrive Global, we’re helping individuals and organizations improve well-being, performance and mental resilience with our AI-powered behavior change technology platform. Here, members of Thrive’s Product, Sales and Customer Success teams share what they love about the company’s culture, the impact they’re having, and what helps them thrive.

IN CONVERSATION WITH...

Kelly Marren
Director of Product, Platform

Tara Dixon
Director of Product Management

Matthew (Matt) Riccio
VP of Research and Insights

Alex Hubbard
Data Scientist

Joseph (Jo) Nguyen
Account Executive

Jonathan Bell
Senior Account Executive

Chloe Kalek
Senior Customer Success Manager

Why did you join Thrive?

KELLY: As a product manager, my team and I focus most of our time on moving metrics and solving user problems. I joined Thrive because I wanted that focus to lead to meaningful outcomes in people’s lives.

TARA: For me it was about the mission. In previous companies I had burned out more times than I could count, so joining a company that is promoting wellness for our customers and helping prevent burnout really resonated with me.

JO: My focus is on driving outcomes and being people-centric. That's always been my north star and is what led me to Thrive: the opportunity to truly help make a difference in the way we work, as well as how we treat others and ourselves.
What helps you Thrive?

MATT: Making time to prioritize and pursue my passions - both at work and at home - keeps me thriving. Whether that's time with my wife, dog, family and friends; going for a run or playing 18 holes of golf; reading a great book; or even deep-diving into new scientific research and thinking of ways we, at Thrive, can bring it to the broader public, it's vital for me to carve out time to do what I love and be fully present while doing so!

ALEX: I'm an intense person. From meeting new people to learning a new topic, I give all of my possible attention to what I'm doing. I love this about myself, but it can also be extremely draining. At times I get so caught up in the moment that I forget to eat, I deprioritize sleep, etc. I Thrive when I step back, slow down, and just let my mind wander. Even a short pause is enough to clear my mind and refocus my attention.

What are you most excited about for the future of Thrive?

KELLY: I am excited to bring more data into the Thrive platform to become smarter and more precise about triggering behavior change Microsteps and Resets.

TARA: Plus one to what Kelly said! I'm also very excited about expanding Thrive and providing companies with the tools and insights they need to understand how their employees are doing and what they can do to help.

How would you describe your team’s culture?

JO: Our team has a lot of grit. They're truly not afraid to roll their sleeves up to get the job done. The best part is that they aren't shy either, especially when it comes to asking for help. The level of creativity, hustle, and constant desire to grow really creates an environment that reinforces motivation, camaraderie, and the sharing of best practices. This makes recognition of our success by peers even more meaningful and I'm lucky to be a part of it.

JONATHAN: Collaborative, supportive, kind, driven, silly, caring.

CHLOE: Our team is resilient! The team is collaborative, innovative and continuously looking for ways to optimize the process and client experience.

What impact is Thrive having on customers' lives?

JONATHAN: Thrive is helping our customers and their loved ones with tools to help them navigate so many of the unknowns that many of us are experiencing. Through inspiring storytelling and Microsteps, we’re helping our customers build healthy habits, which is improving their overall quality of life and positively impacting their performance.

ALEX: After reflecting on my own periods of burnout, I've come to learn that it can be tough to identify the compounding symptoms in the moment. It's like being at a party and only noticing that the music has become too loud because you're shouting. The work we do has a real impact because we catch people before they're shouting. By developing a relationship with our users, we can understand how their mental states change over time and give them small nudges with recommended actions when we notice that their trajectory is trending toward burnout.

The Thrive team is growing! If you or someone you know is looking for a new opportunity to join a company with a great mission, check out our Careers page for more information.